

# STEAK

*On The Stone*

8oz Prime Irish Fillet Steak On The Stone

€25.90

OR

8oz Flat Irish Steak On The Stone

€17.90

SERVED WITH

Whiskey and peppercorn creamy sauce, red onion marmalade, Dijon and garlic butter, french fries, house salad.

## PROMO

(Monday to Thursday)

8oz fillet steak on the stone plus a glass of house wine or a pint of beer of your preference

€28.90

(per person)





## TRINITY DEALS (MONDAY-THURSDAY)

2 Course Meal

€ 16.95

Including a free soft drink.

€3 extra for Prawns

3 Course Meal

€ 19.95

Including a free soft drink.

€3 extra for Prawns

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## ALL SIDES *orders* €3

Green Vegetables  
Spinach, broccoli, green beans

Trinity Vegetables  
Chantenay carrots, broad beans, shallots

House Dressed Side Salad

Crispy French Fries

French Fried Onions

Sweet Potato Fries €3.50

# STARTERS

Feta Cheese Salad €6.50

Cherry tomatoes, cos lettuce, black olives and house dressing

Chickpea Hummus €7.20

Vegetable crudité served with a warm pitta bread

Melon Duo *gluten free* €6.20

Berry compote with refreshing lemon sorbet

Spicy Chicken Wings *gluten free* Small €7.50 Large €12.50

Coated in homemade spicy, salt and chilli or bbq sauce, served with fresh celery sticks & blue cheese dressing

Smoked Salmon & Goat Cheese Crostini €6.90

Served with olive oil and cracked black pepper

Deep Fried Potato Skins *gluten free* €6.20

Served with crispy bacon, tomato, cheddar cheese, ranch dressing

Skellig Rock Crab Meat Cake €7.50

Arborio rice crab cake served with sweet chilli jam

Filo Pastry Tiger Prawns €7.30

Served with Chipotle mayonnaise

Killibegs Seafood Chowder €10.50

With house made Guinness bread

ENJOY YOUR MEAL  
*with Smithwick's*

Main Courses Recommendations:



# MAIN COURSES

- 6oz Gaeilge Striploin Steak  *gluten free* €14.95  
With Irish whiskey cream and champ potatoes
- Pad Thai Tiger Prawns  €18.00  
Served with egg noodles and Asian vegetables
- Panfried Sea Bass  €14.90  
Served with broccoli cauliflower, cous cous, saffron and chili cream sauce
- Beef or Chicken Fajitas   €13.50  
Served with guacamole, natural yogurt, tomato salsa and cheddar cheese
- Penne Pasta Carbonara  €13.50  
Chicken tossed in black pepper, wild mushrooms and cream sauce
- Fettuccine Gorgonzola  €13.50  
With Mange toute, bacon, blue cheese and cream sauce
- Deep Fried Tempura Battered Cod  €14.90  
Served with pea purée and tartare sauce
- Thai Beef/Chicken Green Curry  *gluten free* €13.50  
Served with Pilau rice and Asian vegetables
- Grilled Shannon River Salmon Troncon  *gluten free* €14.50  
Served with new season potatoes, green peas, white wine cream and braised lettuce
- Beef Guinness Barley Stew  €12.50  
Served with homemade Guinness bread
- Grilled 8oz Beef Burger  GLUTEN FREE BUN AVAILABLE €13.50  
Topped with bacon and smoked pepperjack cheese
- Cajun Chicken Burger  GLUTEN FREE BUN AVAILABLE €12.50  
Served with grilled pineapple, Marie Rose sauce and cheddar cheese



## VEGETARIAN *options*

Falafel Burger	€12.50
Served with tomato salsa and fresh coriander	
Quinoa Salad	€13.00
Baby leaf spinach, broccoli, sundried tomatoes, black olives, feta cheese and honey mustard yogurt	
Caesar Salad	€10.50
Served in deep fried tortilla. Add chicken €3.00	
Moroccan Chickpea Stew	€13.50
Celery peppers (allergens), coriander and quinoa	

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## DESSERTS

€5

Eton Mess *gluten free*

Crushed meringue, vanilla cream and Irish strawberries

Strawberry Jelly *gluten free*

Plum compote, vanilla ice-cream, lemon grass cream anglaise

Chocolate Brownie

Served with Irish liqueur and ice-cream

Apple Crumble

Cardamon brittle and vanilla ice-cream

Smashed Cheesecake

With raspberry coulis and topped with flaked almonds

Lemon Drizzle Cake

With vanilla ice-cream and almond praline

# FINGER FOOD

Platter (Serves 10)

€29.95

Chicken wings, cocktail sausages, onion rings, wedges and garlic mushrooms

The Vegetarian Platter (Serves 10)

€39.95

Onion rings, garlic mushrooms, spring rolls, samosas and potato wedges

## HOT *drinks*

Tea €2.50  
(Breakfast Blend, Mint, Green)

Americano €2.50  
Coffee

Cappuccino €3.00

Latte €3.00

Hot Chocolate €3.00

Irish Coffee €7.00

Baileys Coffee €7.00  
(other liqueurs available)

## SOFT *drinks*

JUICE €3.20  
(orange, apple, pineapple, cranberry, tomato)

BABY SPLIT €2.50  
(tonic water, ginger ale)

SPLIT €3.20  
(coke, 7up, club orange, club lemon)

REDBULL €5.50

LUCOZADE €3.50

STILL/  
SPARKLING WATER €3.00

MILK GLASS €1.00 / PINT €2.00

# ALLERGENS

## *list*

### GLUTEN

Soup & Sandwich  
Soup & Tostie  
Steak Sandwich  
Club Sandwich  
Ciabatta  
Chicken Wrap  
Paninis  
Chickpea Hummus  
Crostini  
Arborio Rice  
Filo Pastry Tiger  
Prawns  
Chowder  
Champ Potatoes  
Garlic Bread  
Crispy French Fries  
Sweet Potatoes  
Fries  
House Dressed Side  
Salad  
Egg noddles  
Panfried Sea Bass  
Fajitas  
Fettuccini  
Deep Fried Tempura  
Cod  
Guinness Stew  
Burgers  
Platters  
Brownie  
Apple Crumble  
Cheesecake  
Chicken Wings

### SULPHUR DIOXIDE & SULPHITES

Fish  
Platters

### CRUSTACEANS

Chowder  
Crab Meat  
Pawns  
  
**EGGS**  
Steak Sandwich  
Club Sandwich  
Caesar Salad  
Penne Carbonara  
Chicken Burger  
Platters  
Desserts  
Noddles  
Chicken Wings

### FISH

Chowder  
Smoked Salmon  
Deep Fried Tempura  
Cod  
Panfried Sea Bass  
Filo Pastry Tiger  
Prawns  
Salmon  
Crab Meat  
Tuna

### SOYBEANS

Soup & Sandwich  
Steak Sandwich  
Club Sandwich  
Burgers  
Chicken Wings  
Caesar Salad  
Chowder  
Platters  
Desserts  
Steak On The  
Drizzle Cake  
Steak On The Stone

### CELERY

Chowder  
Chickpea Stew  
Irish Stew  
Soup

### NUTS

Soup & Sandwich  
Club Sandwich  
Cheesecake

### MILK

Penne Carbonara  
Fettuccini  
Burgers  
Caesar Salad  
House Salad  
Steak Sandwich  
Paninis  
Chowder  
Potato Skins  
Soup  
Ciabatta  
Desserts  
Steak On The Stone  
Quinoa Salad  
Striploin Steak  
Fajitas  
Deep Fried Tempura  
Cod  
Chicken Wings  
Filo Pastry Tiger  
Prawns

### MUSTARD

Stew  
Striploin Steak  
Soup & Sandwich  
Steak Sandwich  
Club Sandwich  
Ciabatta  
Potato Skins  
Soup  
Steak On The Stone